



OMBIMINDWAA



GIDINAWEMAAGANINAADOG

"Uplifting Our Relatives"



OMBIMINDWAA GIDINAWEMAAGANINAADOG



OUR NEW APPROACH & TERMINOLOGY

We recently transformed our approaches and service delivery system to be rooted in Anishinaabe language, culture, traditions, beliefs, and values. Our main focus is on Inter-generational Family wellness which includes physical, emotional, spiritual, mental, and cultural wellness. Our inter-generational approach addresses health and wellness for each family member that is inclusive to each hill of life (infancy, adolescence, adulthood and elder hood). Our framework is person centered, trauma and resiliency focused, and is grounded in the Anishinaabe worldview, the Seven Grandfather teachings, National Association of Social Work (NASW) Code of Ethics, and cultural humility.

Some changes in terminology that you will find throughout this document are as follows:

Red Lake Family and Children Services to Ombimindwaa

Gidinawemaaganinaadog “Uplifting Our Relatives”

Client’s to Our Relatives

Staff to Community Service Providers

Foster Parents to Relative Care Community Service Providers

Investigation to Response

Child Protection Case Management to Reunification Services

MISSION: We strive to uplift and empower families of Red Lake Nation by promoting and supporting Mino Bimadiiziwin and Anishinaabe values.

VISION: Our vision is to return to our healthy and harmonious way of life, living within our clans, within our communities, in traditional family structures where everyone between our youth and elders are reconnected. Ombimindwaa Gidinanwemaaganinaadog restores wellness and healing through traditional Anishinaabe family preservation where we build and strengthen family connections while overcoming barriers.

SEVEN GRANDFATHER TEACHINGS



- ❖ Zaagi'idiwin "Love"
- ❖ Debwewin "Truth" or "the sound of our heart"
- ❖ Gwayakwaadiziwin "Honesty" or "to speak from our hearts"
- ❖ Zoongide'ewin "Bravery" or "to have a strong heart"
- ❖ Nibwaakaawin "Wisdom"
- ❖ Manaaji'idiwin "Respect"
- ❖ Inendizowin "Humility" or "self-reflection"

CULTURAL SERVICES Our Inter-generational services are rooted in Anishinaabeworldview, language, knowledge, history, teachings, and technology. Each one of our Community Service Providers are equipped with a unique set of skills and qualifications that emphasize Anishinaabe way of life. When working with families we embrace the 7 grandfather teachings - Zaagi'idiwin (love), Manaaji'idiwin (respect), Debwewin (truth), Gwayakwaadiziwin (honesty), Inendizowin (humility), Nibwaakaawin (wisdom), and Zoongide'ewin (bravery). Our value system helps us live Bimadiiziwin (a good life).

We offer person-centered cultural approaches, resources, and services. We have weekly sweat lodges, seasonal ceremonies and feasts, access to cultural advisors and mentors, connection to Anishinaabe community and the Ojibwe language.





FAMILY WELLNESS SERVICES



INTAKE AND RESPONSE

The Ombimindwaa Gidinawemaaganinaadog program is the designated agency to handle family wellness matters and respond to maltreatment reports when allegations involve a child's safety in the care of their parent, guardian, custodian, or relative care community service provider (foster parent) within the exterior boundaries of Red Lake Nation.

INTAKE

The intake process starts with a referral of alleged maltreatment, or request for support of a family. Anyone in the community can request support for a child or family because they have concerns.

The intake process results in a team decision to respond to the referral or close it without further action. At intake, we will engage the reporter in a strength-based dialogue that not only discusses their concerns for the family and request support, but also the family's strengths, protective factors, relatives, significant relationships, and natural supports.

RESPONSE

In egregious harm cases, imminent danger, substantial child endangerment situations, and criminal allegation situations (criminal sexual allegations, criminal physical abuse or neglect situations for example) we may elect to utilize a response process where a strength-based assessment is conducted.

FAMILY PRESERVATION

Our Family Preservation team addresses primary barriers the family is facing: ongoing complex trauma that often manifests as the following symptoms: substance use issues, mental health symptoms, homelessness, cycle of re-entry into criminal justice system, chronic/acute illness, domestic violence situations, parenting struggles, deficient coping skills, deficient relationship skills, that all contribute to child welfare reports. To assist in overcoming complex trauma our providers work to prevent family separation and a generation of new traumas. The Family Preservation Program is designed with a whole family service support, strength based, modeling, and customized care based.

Program is 100% Voluntary, Inter-generational Focus, Whole Family Service Support Availability, Strengths Based, Modeling, & Customized Care Based.

Program is delivered in a Low, Medium, and High Intensity based off of mutually agreed upon need of the family.



FAMILY WELLNESS SERVICES



REUNIFICATION SERVICES

Intensive Reunification Services are centered on strength-based approaches that engage, empower, and uplift families. Our Community Service Providers focus on engagement in services, empowerment, relationship building, and enhancing our relatives social support networks. We provide family centered services that are rooted in Anishinaabe language, culture, values, traditions, and beliefs.

INDIAN CHILD WELFARE ACT (ICWA) TEAM

Eligibility for services is based on the child's status and includes children who are enrolled, eligible for enrollment, or whose parent(s) are a tribal member.

ICWA Advocates represent Red Lake Nation in ICWA court proceedings that occur at the state, out of state and federal levels. Monitor and advocate for courts compliance with the Minnesota Indian Family Preservation Act (MIFPA) and ICWA. Provide training and education to counties and social workers to increase understanding and compliance of MIFPA and ICWA. Screen ICWA and MIFPA Notices and determine eligibility for Red Lake ICWA intervention. We provide Qualified Expert Witness Testimony (QEW) to courts if out of home placement is found by the Tribe to be in the child's best interest. Assist with kinship searches to locate relatives who can be a resource for placement and permanency. We Child Welfare Targeted Case Management (CW-TCM) to children and families. In addition, we consult families to create individualized culturally appropriate case plans, provide referrals to services with the goal to re-unify and strengthen families, and address the reasons the family entered the Child Protection system.

CASE MANAGEMENT Case Management is provided for families involved in Family Preservation / Support Services or Reunification types of cases. Intervention by Community Service Providers are planned, purposeful and aimed at achieving support services for parents and achieve safety for kids. We lend supports to families to address safety and risk so children can either safely remain home or safely return home. We engage and empower families to participate in case planning and services in a meaningful way, and have mutually agreed upon goals.



FAMILY WELLNESS SERVICES



FOSTER CARE

Red Lake Nation has the authority to approve/license homes for the purpose of relative placement on and off the reservation. Ombimindwa Gidinawemaaganinaadog operates a tribal foster care licensing standards developed by the Nation and approved by the Tribal Council. These standards incorporate federal fingerprint background checks and utilizes socially and culturally appropriate standards to license homes.

Training is provided to community members and friends of our nation who are interested in becoming a Relative Care Community Service Provider (foster parent). Before a child in foster care is placed with prospective Relative Care Community Service Provider, the prospective Relative Care Community Service Providers are adequately prepared with the appropriate knowledge and skills to provide for the needs of the child.



BEHAVIORAL HEALTH



Our mental health staff are trained to serve a broad spectrum of behavioral health care needs. Staff includes clinical social workers, professional counselors, clinical trainees and mental health practitioners. Mental health clinicians provide a full range of confidential and culturally responsive mental health services for families and individuals of all ages. Services are provided in an office setting, in home, in a school setting, or in a community setting.

ASSESSMENT AND REFERRAL

At the start of services, a mental health assessment is done over the course of two or three sessions. This process helps providers get a picture of the way a relative thinks, feels, reasons and remembers. By assessing a relative's emotional wellbeing with a series of questions and mental health screening/assessment tools providers are able to diagnose mental health conditions, differentiate between mental and physical health problems and assess a person referred because of problems at school, work or home. The assessment process determines the best level of care for a relative needing mental health treatment. It also results in an eligibility determination for higher level of care services and referrals are made for the relative to access these services.



BEHAVIORAL HEALTH



PSYCHOTHERAPY/COUNSELING

Our mental health providers offer guidance and support to relatives who are experiencing life challenges. They are trained to treat all mental health conditions our relatives face and use a strength-based approach that aligns with our Anishinaabe original instructions of being kind, good, equal, and interconnected.

MENTAL HEALTH TARGETED CASE MANAGEMENT (MH-TCM)

Mental health targeted case management services help adults and children, gain access to medical, social, educational, vocational and other necessary services connected to their mental health needs. Services include developing a functional assessment, community support plan, referring and linking the person to mental health and other services, ensuring coordination of services, and monitoring the delivery of services. Placing cultural identity as an important factor in mental health, our case managers ensure access to traditional teachings, cultural activities and ceremony by making it part of our relative's support plan. Eligibility determination for this service is made through the assessment process.

CHILDREN'S THERAPEUTIC SERVICES AND SUPPORTS (CTSS)

Children are our future and we have an obligation to ensure that all their needs are met including social-emotional needs. Children's Therapeutic Services and Supports (CTSS) is a flexible package of mental health services provided to children and their families. Our CTSS providers help children learn and utilize basic skills in order to be successful in life. Our CTSS program addresses the symptoms of emotional disturbance that impair and/or interfere with a child's ability to function at a typical developmental level. Services are culturally responsive and help develop skills in areas such as anger, aggression, difficulty following directions, refusal to follow rules, problems relating to peers, anxiety, depression, family conflicts and many others. Eligibility determination for this service is made through the assessment process.



BEHAVIORAL HEALTH



ADULT REHABILITATIVE MENTAL HEALTH SERVICES (ARMHS)

Adult Rehabilitative Mental Health Services, or ARMHS, enable relatives to develop and enhance psychiatric stability, social competencies, personal and independent living and community skills when these abilities are impaired by the symptoms of a mental illness. The foundation of the ARMHS program is based in our cultural teachings and understanding of health and wellness. Through our language, teachings and cultural practices ARMHS providers help relatives who have a mental illness function independently in their homes or places of residence. Services are provided in four areas: Basic Living and Social Skills, Community Intervention, Medication Education and Transitioning to Community Living. Eligibility determination for this service is made through the assessment process.



ADULT SERVICES



ADULT PROTECTION ADVOCACY

The welfare of our Elders has been our tribal and traditional value in which we pride ourselves. We honor and show our elders respect, for their teachings and wisdom. Unfortunately, we are finding Elder/Vulnerable Adult Abuse (Elder/VA abuse) on the increase in our tribal communities.

An Elder is a person 55 years of age or older, and a vulnerable adult is a person 18 years of age or older with physical/mental disabilities. The willful infliction of injury, unreasonable confinement, intimidation, or cruel punishment with resulting physical harm, pain or mental anguish; or deprivation by a person including a caregiver of goods or services with the intent to cause physical harm, mental anguish or mental illness is Elder/VA abuse.

Adult Protection Advocacy aims to stop Elder/VA abuse by teaching the warning signs of abuse and by providing education to teach Elders and Vulnerable Adults how to protect themselves.



WAIVERED SERVICES



COVERED SERVICES INCLUDE:

Case Management	Customized Living Service
Personal Care Assistant	Emergency Response Systems
Home Maker Services	Respite Care
Home Delivered Meals	Foster Care
Residential Care Services	Extended PCA (Waivered)
Family/Caregiver Supports	Chore Services
Adult Day Services	Transportation

There are 3 different waived services; the Elderly Waiver (EW), the Community Access for Disability Inclusion (CADI), and the Alternative Care (AC) Waiver. The EW and CADI Waivers provide home and community-based services promoting health and wellness, independence and safety. These waivers require a person under 65 years of age and certified by Social Security or The State (SMRT) process. The AC Waiver provides home and community-based services for those over 65 years of age, at risk of nursing home facility placement and who are not financially eligible for Medical Assistance (MA).

You do not have to be an enrolled member of Red Lake Nation to qualify for services. If you live within the Red Lake Nation boundaries, please contact Program Staff for more information about Waivered Services.



Public Health Nursing is focused on improving the overall health of the Red Lake Nation. Health issues including Substance use, Health of our Elders, Community Health Promotion, and Disease and Injury Prevention are addressed through educational classes, exercise groups, and Traditional Practices committed to the Health of the Red Lake Nation. The Public Health Nurse will meet individually with relatives, or in groups to promote Health Education.

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Public Health Nurse Clinic works to ensure conditions where everyone has the opportunity to be healthy. Our vision is to create the healthiest Red Lake Nation possible. Through Health Promotion Group Education and Individual Health Education Counseling patients learn to relieve or prevent public health problems. Together, we can create changes to improve the course of the health of the Red Lake Nation.

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