


Monday, Nov. 2nd	Tuesday, Nov. 3rd	Wednesday, Nov. 4th	Thursday, Nov. 5th	Friday, Nov. 6th
Ham & Cheese Sandwich	Turkey Wrap	Sub Sandwich on a Bun	Turkey & Cheese Sandwich	Ham on Bun
Fresh Broccoli	Coleslaw	Baby Carrots	Vegetable Pasta Salad	Creamy Cucumber amd
Ranch Dressing	Apple	Ranch Dressing	Banana	Tomato Salad
Orange wedges	Low Fat Milk	Pears	Low Fat Milk	Tropical Fruit
Low Fat Milk		Low Fat Milk		Low Fat Milk

Monday, Nov. 9th	Tuesday, Nov. 10th	Wednesday, Nov. 11th	Thursday, Nov. 12th	Friday, Nov. 13th
Chicken Wrap	Sub Sandwich	Fajita Chicken Wrap	Ham & Cheese Sandwich	
Fresh Broccoli	Potato Salad	Black Bean Salsa	Fresh Broccoli	
Ranch Dressing	Pineapple	Pineapple	Ranch Dressing	No School
Apple	Low Fat Milk	Low Fat Miilk	Orange wedges	
Low Fat Milk			Low Fat Milk	

Monday, Nov. 16th	Tuesday, Nov. 17th	Wednesday, Nov. 18th	Thursday, Nov. 19th	Friday, Nov. 20th
Turkey Wrap	Ham on Bun	Chicken Wrap	Sub Sandwich	Turkey & Cheese Sandwich
Coleslaw	Creamy Cucumber amd	Fresh Broccoli	Baby Carrots w/ ranch	Vegetable Pasta Salad
Apple	Tomato Salad	Ranch Dressing	Pineapple	Banana
Low Fat Milk	Sunchip	Apple	Low Fat Milk	Low Fat Milk
	Tropical Fruit	Low Fat Milk		
	Milk			

Monday, Nov. 23rd	Tuesday, Nov. 23th	Wednesday, Nov. 25th	Thanksgiving	Friday, Nov. 27th
Ham & Cheese Sandwich	Chicken Wrap	Turkey Wrap		
Fresh Broccoli	Baby Carrots	Coleslaw		
Ranch Dressing	Ranch Dressing	Apple		No School
Orange wedges	Apple	Low Fat Milk		
Low Fat Milk	Low Fat Milk			

Monday, Nov. 30th
Sub Sandwich
Baby Carrots w/ ranch
Pineapple
Low Fat Milk

Give Thanks!

Approved by Donna Dulap RD LD			
Menu meets the CACFP and National Lunch Food Program			