

Voyageurs Expeditionary School

OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 HAMBURGER ON A BUN AMERICAN CHEESE SLICE ROMAINE TOMATO SLICE FRESH VEGGIES KETCHUP FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate
Oct - 4 NO SCHOOL TODAY	Oct - 5 TACO MEAT SHREDDED CHEESE MIX ROMAINE SOUR CREAM LITE REFRIED BEANS SALSA CUP 3OZ TORTILLA CHIPS FRUIT CHOICES MILK,1% Low fat MILK,1% Chocolate	Oct - 6 CHEESY BREAD MARINARA SAUCE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 7 WG CHEESE PIZZA SLICE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 8 DELI COMBO MEAT AMERICAN CHEESE SLICE FLATBREAD SQUARE CROISSANT ROMAINE TOMATO SLICE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate
Oct - 11 CORN DOG BAKED BEANS FRESH VEGGIES FRUIT CHOICES MILK,1% Low fat MILK,1% Chocolate	Oct - 12 WHOLE GRAIN PENNE PASTA ALFREDO SAUCE STUFFED MOZZ. STICKS FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 13 GENERAL TSO'S CHICKEN BROWN RICE PILAF SWEET & SOUR SAUCE STIR FRY VEGETABLES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 14 WG PEPPERONI PIZZA SLICE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 15 HAMBURGER ON A BUN AMERICAN CHEESE SLICE ROMAINE TOMATO SLICE FRESH VEGGIES KETCHUP FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate
Oct - 18 MAX STIX MARINARA SAUCE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 19 WHOLE WHEAT TORTILLA CHICKEN, DICED SHREDDED CHEESE MIX ROMAINE SOUR CREAM LITE BLACK BEANS SALSA CUP 3OZ TORTILLA CHIPS FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 20 CHICKEN TENDERS MAC & CHEESE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 21 NO SCHOOL TODAY	Oct - 22 NO SCHOOL TODAY
Oct - 25 BBQ PORK SANDWICH BAKED BEANS FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 26 WHOLE GRAIN PENNE PASTA MARINARA SAUCE STUFFED MOZZ. STICKS FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 27 CHICKEN PATTY WHOLE GRAIN HAMBURGER BUN FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 28 WG CHEESE PIZZA SLICE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate	Oct - 29 DELI COMBO MEAT AMERICAN CHEESE SLICE FLATBREAD DOUGH SUB ROLLHNY WH ROMAINE TOMATO SLICE FRESH VEGGIES FRUIT,FRESH ASSORTED MILK,1% Low fat MILK,1% Chocolate

ALL MENUS SUBJECT TO CHANGE