

Monday, May 3rd	Tuesday, May 4th	Wednesday, May 5th	Thursday, May 6th	Friday, May 7th
Sallisbury Steak w/ Gravy	Chef Choice	Chicken Parmesan	BBQ Pork Bun	Chicken Fried Steak w gravy
Mashed Potato	Vegetable	Spaghetti noodles	Peas	Carrots
Green bean	Fruit	Broccoli	Pineapple	Pears
Dinner Roll w/ Margarine	Bread/ Margarine	Pears	Low Fat Milk	Low Fat Milk
Low Fat Milk	Dessert	Low Fat Milk		
	Low Fat Milk			
Monday, May 10th	Tuesday, May 11th	Wednesday, May 12th	Thursday, May 13th	Friday, May 14th
Pork Loin	Ham	Beef soft Shell	Spaghetti	Fish Sticks w/ tartar sauce
Candi Yam	Scalloped Potato	salsa / sour cream	Green Beans	Brown Rice
Broccoli	Peas	lettuce / tomato	Applesauce	Oriental Blend
Bread/ Margarine	Bread/ Margarine	Refried Beans	Low Fat Milk	Peaches
Low Fat Milk	Low Fat Milk	Low Fat Milk		Lowfat Milk
Monday, May 17th	Tuesday, May 18th	Wednesday, May 19th	Thursday, May 20th	Friday, May 21st
Chicken & Noodle Casserole	Vegetable Soup / crackers	Chicken Ala king	Tater Tot Casserole	Turkey w/ gravy
Mixed Vegetables	Meat sandwich	Biscuit	Green Beans	Mashed Potato w/ gravy
Peaches		Carrots	Bread / Margarine	Squash
Low Fat Milk	Pineapple	Pears	Peaches	Dinner roll / Margarine
	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk
Monday, May 24th	Tuesday, May 25th	Wednesday, May 26th	Thursday, May 27th	Friday, May 28th
Baked Chicken	Goulash	Chicken Patty on Bun	Swedish Meatballs	Fish square on Bun
Au Gratin Potatoes	Broccoli	Green & Wax Beans	Carrots	Potato Salad
Peas	Pears	Peaches	Pineapple	Calico Beans
Dinner Roll w/ Margarine	Bread/ Margarine	Low Fat Milk	Bread/ Margarine	Tartar Sauce
Bar	Low Fat Milk		Low Fat Milk	Low Fat Milk
Low Fat Milk				
	Memorial Day			



This service is funded in part by a contract from the Area Agency on Aging with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by Donna Dunlap RD,LD. Posted menu is regular diet. Diabetic, sodium, and fat restricted diets available upon request. Regular menu provides average of 700-800 calories.