



Monday	Tuesday Jan 1	Wednesday Jan 2	Thursday Jan 3	Friday Jan 4
		<b>NO SCHOOL FOR TREKNORTH Snack Lunch Day VOYAGEURS</b>	Roast Turkey Mashed Potatoes/Gravy	Senior Nutrition Services Beef Hot Dog on a WG Bun Baked Potato Chips
	<b>No School</b>	Fresh Fruit or Fruit Cup Baked Potato Chips	Green Beans Chef's Choice Fruit	Baby Carrots & Ranch Baked Beans
		Low Fat Milk Plain and Chol	WG Roll/Margarine	Applesauce
			Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol
<b>Monday, Jan 7</b>	<b>Tuesday, Jan 8</b>	<b>Wednesday, Jan 9</b>	<b>Thursday, Jan 10</b>	<b>Friday, Jan 11</b>
Chief Choice Homenade Soup	Corndogs/Ketchup & Mustard	Roast Beef	Chicken Lasagna	<b>Snack Lunch Day</b>
Turkey Sandwich	Baked Beans	Mashed Potatoes & Gravy	Broccoli & Ranch Dip	Chef's Choice Cold Sandwich
Chef's Choice Fruit	Celery Sticks & ranch	Peas	Tropical Fruit	Fresh Fruit or Fruit Cup
WG Crackers	WG Bread/Margarine	WG Roll/Margarine	WG Garlic Bread	Baked Potato Chips
Cookie	Pears	Apple	Chef's Choice Dessert	Chef's Choice Cooke
Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Cho	Low Fat Milk Plain and Chol
<b>Monday, Jan 14</b>	<b>Tuesday, Jan 15</b>	<b>Wednesday, Jan 16</b>	<b>Thursday, Jan 17</b>	<b>Friday, Jan 18</b>
Rigatoni with Beef	Taco Salad & WG Chips	Meatloaf/Catsup	Oven Crispy Chicken	<b>NO SCHOOL FOR VOYAGEURS</b>
Green Beans	Romine Mix Shred. Lettuce, Diced onion, tomatoes, Sour Cream Pkt.	Whole Red Potatoes	Mashed Potatoes/Gravy	Meaty Beef Stew
Cinnamon Apples	Black Bean Salas & Shrd.Cheese	Creamed Corn	Carrots	with Carrots & Potatoes
WG Bread/Margarine	Applesauce	WG Bread/Margarine	Chef's Choice Fruit	Chef's Choice Fruit
Pudding	Low Fat Milk Plain and Chol	Mandarin Oranges	WG Roll/Margarine	Ice Cream Cup
Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Cho	WG Roll/Margarine
				Low Fat Milk Plain and Chol
<b>Monday, Jan 21</b>	<b>Tuesday, Jan 22</b>	<b>Wednesday, Jan 23</b>	<b>Thursday, Jan 24</b>	<b>Friday, Jan 25</b>
	BBQ Chicken Brst	Lasagna	Grilled Cheese Sandwich	Pasta Bar Chicken Breast
	Baked Potato/Sr. Crm	California Blend Veg.	Tomato Soup WG Crackers	Red Sauce or Alfredo Sauce
<b>No School</b>	Romain Spinach Lettuce/Drsg	Chef's Choice Fruit	Raw Carrots Sticks & Ranch	Romaine & Spinch Tossed Salad/Drsg
	WG Bread/Margarine	WG Garlic Bread	Peaches	WG Garlic Bread Sticks
	Apricots	Cookie	Ice Cream Cup	AppleCrisp & Ice Cream Cup
	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Cho	Low Fat Milk Plain and Chol
<b>Monday, Jan 28</b>	<b>Tuesday, Jan 29</b>	<b>Wednesday, Jan 30</b>	<b>Thursday, Jan 31</b>	<b>Friday, Feb 1</b>
Baked Potato Bar	Chili	Chicken Chow Mein	Chicken Nuggets	Turkey & Cheese WG Sub Bun
Diced Ham, Onion	Romain Spainch Lettuce/Drsg	Rice/Chow Mein Noodles	BBQ PKTS	Homemade Vegetable soup
Diced Broccoli	Cheese Sandwich	Oriental Vegetables	Corn	Baked Potato Chips & Mayo Packets
Nacho Cheese Sauce	WG Crackers	Mandarin Oranges	Pears	Grapes
Chef's Choice Fruit	Applesauce		WG Bread/Margarine	Ice Cream Cup
Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol