



Fruits and vegetables offered daily
 1 cup low fat milk served with each meal.
 This institution is prohibited
 from discrimination on base of race,
 color, sex, age or disability.

Turkey & Cheese WG Sub Bun
 Homemade Vegetable soup
 Baked Potato Chips & Mayo Packets
 Grapes
 Ice Cream Cup
 Low Fat Milk Plain and Chol

Monday	Tuesday	Wednesday	Thursday	Friday Feb 1
Lutheran Social Service				
Written/ Approved by Shaye Thompson All Meals are Subject to change				
Monday Feb 4	Tuesday Feb 5	Wednesday Feb 6	Thursday Feb 7	Friday Feb 8
Corndogs/Ketchup & Mustard	Sloppy Joe	Baked Chicken	Country Steak/Country Gravy	Spaghetti with Meat Sause
Baked Beans	Potato Salad	Mashed Potato & Gravy	Mashed Potatoes	Romaine & Spinach Tossed Salad/Drsg
Celery Sticks & ranch	Corn	Beets	Green Beans	Spiced Peaches
WG Bread/Margarine	WG Bun/Margarine	WG Bread/Margarine	WG Bread/Margarine	WG Garlic Bread Sticks
Applesauce	Chef's Choice Fruit	Pears	Apricots	Ice Cream Cup
Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol
Monday Feb 11	Tuesday Feb 12	Wednesday Feb 13	Thursday Feb 14	Friday Feb 15
Creamed Chicken Breast	Taco Salad & WG Chips	Vegetable Beef Soup	Beef Hot Dog on a WG Bun	NO School
Rice Pilaaf	Romine Mix Shred. Lettuce, Diced onion, tomatoes, Sour Cream Pkt.	Chicken Salad Sandwich WG Sub Bun	Baked Potato Chips	
Country Blend Veg	Black Bean Salas & Shrd.Cheese	Pea & Cheese Salad	Baby Carrots & Ranch	
WG Bun/Margarine	Applesauce	WG Crackers/Margarine	Baked Beans	
Orange	Low Fat Milk Plain and Chol	Mixed Fruit	Apple & Frosted Sugar Cookie	
Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	
Monday Feb 18	Tuesday Feb 19	Wednesday Feb 20	Thursday Feb 21	Friday Feb 22
No School	Pasta Bar Chicken Breast	Salisbury Steak	Roast Turkey	Tart Tot Hamburger Hot dish
	Red Sauce or Alfredo Sauce	Parsley Buttered Whole Potatoes	Mashed Potatoes/Gravy	Romaine & Spinach Tossed Salad/Drsg
	Romaine & Spinach Tossed Salad/Drsg	Broccoli & Ranch	Green Beans	WG Bun/Margarine
	WG Garlic Bread Sticks	WG Bread/Margarine	Cranberry Sauce	Pineapple
	Chef's Choice Fruit	Blushing Pears	WG Bun/Margarine	Ice Cream Cup
	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol
Monday Feb 25	Tuesday Feb 26	Wednesday Feb 27	Thursday Feb 28	Friday March 1
Creamy Vegetable Soup	Baked Potato Bar	Roast Beef	Snack Lunch Day	Chicken Nuggets
Turkey Sandwich WG Sub Bun	Diced Ham, Onion, Broccoli	Mashed Potatoes & Gravy	Chef's Choice WG Cold Sandwich	BBQ PKTS
Peaches	Nacho Cheese Sause	Pears	Baby Carrots & Ranch	Baked Beans
WG Crackers/Margarine	WG Bread/Margarine	WG Bun/Margarine	Baked Potato Chips	Pears & Ice cream cup
Baked Potato Chips	Chef's Choice Fruit	fruit Cocktail	Fruit Cup & Pudding Cup	WG Bread/Margarine
Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol	Low Fat Milk Plain and Chol